



PRESENTED BY:
Mary Lou Fasko, School Psychologist

CHILDHOOD ANXIETY

SEPTEMBER 25, 2019

9:00 AM - 3:30 PM

Registration at 8:30 AM

Location:

Educational Service Center of
Northeast Ohio

Essex Place

6393 Oak Tree Blvd.

Independence, Ohio

“Occasional anxiety is an expected part of life. You might feel anxious when faced with a problem at work, before taking a test, or before making an important decision. But anxiety issues involve more than temporary worry or fear. For a person with an anxiety disorder, the anxiety does not go away and can get worse over time. The symptoms can interfere with daily activities such as job performance, school work, and relationships.”
NIMH

The group is designed to discuss **Childhood Anxiety**. We will discuss the theory behind anxiety and strategies to help children develop coping skills, in order to grow emotionally and feel capable and happy. This session will address the following topics:

- Types and Causes of Anxiety
- Strategies to Deal with Anxiety

Cost: \$50.00 Per Person

Lunch will be on your own

**Audience: Central Office
Administrators, Principals,
SLPs, Counselors, Teachers
and other interested educators**

Registration: www.escneo.org

Click on Professional
Development and then
Calendar of Events



