

Conscious Discipline Series

Presented by Jim Flynn, MSSA, LISW-S

At the ESC of Cuyahoga County

6393 Oak Tree Blvd.

Independence, Ohio 44131

Friday, April 29, 2016 (sign-in begins one half hour before the start of each session)

ST10046798 9:00 A.M.-11:30 A.M. CONSCIOUS DISCIPLINE: COMPOSURE AND ENCOURAGEMENT

Through lecture, PowerPoint, video, large and small group activities and written exercises, participants will learn the first and second skills of Becky Bailey's Conscious Discipline program, a comprehensive classroom management program. Participants will learn the skill of composure (being the person you want others to become and the power of perception (no one can make you angry). The classroom structure called "Safe Space" will be presented. Participants will learn the skill of encouragement (building the school family) and the power of unity (we are all in this together). The classroom structures of "job board" and "kindness counter" will be presented.

ST10046799 12:30 P.M.– 3:00 P.M. CONSCIOUS DISCIPLINE: ASSERTIVENESS AND CHOICES

This session focuses on the third and fourth skill of Conscious Discipline: the skill of assertiveness (setting limits and getting your voice heard) and the power of attention (what you focus on you get more of). The classroom structure, a script that supports the skill, will be presented. Participants will learn the skill of choices (building self esteem and will power) and the power of free will (the only person you can make change is yourself). The class-room structure called "picture rule cards", that supports the skill, will be presented.

Friday, May 27, 2106 (sign-in begins one half hour before the start of each session)

ST10046800 9:00 A.M.-11:30 A.M. CONSCIOUS DISCIPLINE: POSITIVE INTENT AND EMPATHY

Through lecture, PowerPoint, video, large and small group activities and written exercises, participants will learn the fifth and sixth skill of Conscious Discipline: the skill of positive intent (seeing the best in others) and the power of love (helping children take responsibility for poor choices). The classroom structure, a conflict management script that supports the skill, will be presented. Participants will learn the skill of empathy (moving from acting out emotions from the lower centers of the brain to the higher centers of the brain), the power of acceptance (seeing the moment is as it is) and ways to help children take ownership of their upset feelings, while learning how to handle fits, tantrums and emotional upsets.

ST10046801 12:30 P.M.-3:00 P.M. CONSCIOUS DISCIPLINE: CONSEQUENCES AND THE SCHOOL FAMILY

This session focuses on the seventh skill of Conscious Discipline and how to create a school family: how to deliver effective consequences (turning problems into solutions) and the power of intention and the definition of three types of consequences. Strategies for conducting class meetings to resolve problems peacefully and effectively will be offered. Participants will learn how to use the family as a metaphor when designing a learning environment. Specific strategies for creating a positive school climate, that increases emotional intelligence and decreases disruptions, will be presented.

Registration:

To register for this event go to: www.OPDN.org. Use the "register by PD track ID number" option and enter the appropriate ST number from above.

THIS IS PRESENTED AS A SERIES. IT IS EXPECTED THAT PARTICIPANTS WILL REGISTER FOR AND ATTEND EACH OF THE FOUR SESSIONS. Please contact Theresa Richardson for guidance if you have a conflict with a session at 216-446-3818 or theresa.richardson@esc-cc.org

SUTQ Approved Hours: 10.0 (2.5 hours per session)

