



FLIP IT!

Transforming Behavior Concerns in Young Children

September 4, 2026
9:00 a.m. - 12:00 p.m.
Sign-in 8:30 a.m. - 9:00 a.m.

Behaviors are feelings asking to be understood. Teachers, caregivers, and parents are always looking for ways to support children through difficult feelings and toward healthy ways of coping. The FLIP IT strategy offers a simple, kind, strength-based, commonsense, and effective four-step process for day-to-day challenges and challenging moments with children. This training teaches participants the four supportive steps of FLIP IT, designed to help young children (ages 3-8) learn about their feelings, gain self-control, and reduce challenging behavior.

The four steps are embodied in the FLIP mnemonic: F–Feelings, L–Limits, I–Inquiries, P–Prompts. This strategy is nothing new, but it transforms best practice into something easy to remember, applicable across a variety of challenging situations, and portable. The purpose of this training is to enhance our understanding of the factors that contribute to children’s use of challenging behavior, review this Evidence-based and practical strategy for reducing instances of challenging behavior, and introduce a variety of learning tools to teach and support the FLIP IT strategy.

Audience:

Preschool General Education or
Special Education Teachers,
Preschool Administrators,
Paraprofessionals, and anyone caring
for toddlers to kindergarten-age
children.

Contact Hours:

3.0 OA hours

Registration:

<https://sst3.tiny.us/FLIPIT26>

Questions:

Theresa Richardson
216-446-3818
theresa.richardson@escneo.org