LAKE GEAUGA WELLNESS PROFESSIONAL LEARNING COMMUNITY 2025-2026

2026 FOCUS

The core pillars of well-being; practical strategies and evidence-based practices.

Engaging certified and classified staff in wellness initiatives.

The 8 strengths that build resilience and mental fitness.

Audience

Innovation happens when multiple perspectives and experiences are applied to a given situation.

This PLC offers a multi-disciplinary opportunity to problem-solve with building administrators, counselors, SEL coordinators, prevention specialists, and community and family engagement professionals from Lake, Geauga and Eastern Cuyahoga school districts.

The purpose of Lake-Geauga PLC is to provide an interactive and collaborative environment where members share proven strategies and develop new approaches that build resilience, promote wellness, and create schoolwide connections for grades K-12.

MEETING SCHEDULE

<u>September 16th 2025</u> <u>Kickoff 9:00-10:30 a.m.</u>

Educational Service Center of Northeast Ohio (6393 Oak Tree Blvd., Independence, OH 44131)

November 11th 2025 9:00-10:30 a.m

Willoughby-Eastlake Board of Education (35353 Curtis Blvd., Eastlake, OH 44095, 3rd floor PD space)

<u>January 13th 2026</u> 9:00-10:30 a.m.

Kirtland Middle School (9152 Chillicothe Rd., Kirtland, OH 44094)

March 10th 2026 9:00-10:30 a.m.

Geauga County Board of Mental Health and Recovery 13244 Ravenna Rd, Chardon, OH 44024

