

Promoting Life: Non-Suicidal Self-Injury (NSSI) & Student Safety Planning

Virtual Event

Speaker

Janis Whitlock, MPH, PhD



Dr. Janis Whitlock is the Founder and Director of Self-Injury Recovery Resources (SIRR), the outreach arm of the Cornell Research Program on Self-Injury and Recovery.

Dr. Whitlock is a psychologist and public health specialist with expertise in adolescent and young adult mental health and well-being, the relationship between social media and mental health, and sexual health and violence prevention.

What:

Best practices to support students engaging in NSSI. Dr. Whitlock will share safety planning, care coordination, coping strategies and re-entry.

When:

**Thursday, May 1st, 2025
12:30 p.m. to 2:30 p.m.**

**2 CEUs and Contact Hours
offered**

[Register Here](#)