# Staff Wellness and Resiliency

## March 1, 2024

Participants will learn ways to recognize signs of compassion fatigue, burnout, and secondary traumatic stress.

Participants will develop tools and strategies to build their resilience and increase their protective factors to reduce the impact of adverse classroom experiences.

Audience: Classroom teachers and support staff in early childhood PreK-3 classrooms



#### Location:

ESC of Northeast Ohio 6393 Oak Tree Blvd. Independence, OH 44143

#### Time:

12:30 p.m.—3:30 p.m.

Registration: <u>https://tinyurl.com/</u> StaffWellness030124

Contact Hours: 3.0. Ohio approved

### For assistance with registration contact:

Theresa Richardson Theresa.richardson@escneo.org 216-446-3818

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