



SUPPORTING PLAY THROUGH A TRAUMA- INFORMED LENS



This self-paced session will focus on play and play-based learning and strategies for children who have experienced trauma. Play is essential for the healthy growth and development of all children and is psychologically and physically healthy for children with a history of trauma.

In this course, participants will be able to:

- Identify the key components of a safe and effective learning/caring environment: predictable, home-like, safe communication, and attention to the child's internal state.
- Understand the importance of routines and how to effectively establish classroom procedures that support children's autonomy.
- Understand the neurobiological power of play.
- Identify essential types of play for trauma-responsive environments and how to introduce play to children.

This session is based upon a video presentation by child development and trauma specialist, Dr. Barbara Sorrels, and will focus on teachers' understanding of the benefits of play to healthy brains and bodies and will include practical strategies for creating effective play-based classrooms to help children heal and develop to their greatest potential.

This session will combine the opportunity to hear Dr. Sorrels' presentation and respond to questions after each section to help participants integrate the learning into their classroom settings and practices. Participants will watch the video and respond to questions after each segment.

Course Structure: Participants will select the month they plan to complete the course. Once the month is selected and the participant has registered, the course will be available for self-paced completion for the duration of that month in Canvas, an online platform (ex. September 1-September 30, 2024). Upon registering for the course using the correct ST# in OCCRRA, Nyeshja Malone will contact you with an invitation to the Canvas Site.

REGISTRATION -

PLEASE REGISTER IN OCCRRA USING:

9/1 - 9/31/2024	ST# 10145893
10/1 - 10/31/2024	ST# 10145894
11/1 - 11/30/2024	ST# 10145895
12/1 - 12/31/2024	ST# 10145896
1/1 - 1/31/2025	ST# 10145897
2/1 - 2/28/2025	ST# 10145898
3/1 - 3/31/2025	ST# 10145899
4/1 - 4/30/2025	ST# 10145900
5/1 - 5/31/2025	ST# 10145901



DATES

September - May



TIME

Self-paced



LOCATION

Virtual via Canvas



CONTACT HOURS

2

AUDIENCE

Administrators, Teachers, Paraprofessionals

QUESTIONS

Nyeshja Malone

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