

RAISING THE BAR OF TRAUMA-INFORMED CARE: EVOLVING FROM THEORY TO PRACTICE

This two-part series is designed for professionals and community members who support trauma-informed care for children and adolescents. Participants from diverse fields—behavioral health, education, faith-based organizations, and other youth-serving roles—will learn how to move beyond theory and apply practical, trauma-informed strategies in everyday settings.

What You'll Learn:

- ✓ *Practical, trauma-informed strategies you can use immediately*
- ✓ *Real-world case studies & hands-on activities*
- ✓ *How to foster safety and trust in your daily interactions with youth and families*
- ✓ *Tools to support resilience in young people*

*This workshop is funded through a grant provided by the Ohio Department of Mental Health & Addiction Services.



From Understanding to Impact: Advanced Strategies to Support Youth from Trauma-Informed Lens

Monday

September 8, 2025

8:30 am-12:00 pm

Educational Service Center of Northeast Ohio, 6393 Oak Tree Blvd., Independence, OH 44131

Trauma-Informed Strategies for Educators and Providers

Friday

September 19, 2025

12:30 pm-4:30 pm

Parma-Powers Library Branch, 6996 Powers Blvd, Parma, OH 44129

CEUs will be offered for:

Social Workers, Counselors,
Chemical Dependency Professionals, and
Prevention Specialists

FROM UNDERSTANDING TO IMPACT:

ADVANCED STRATEGIES TO SUPPORT YOUTH FROM A TRAUMA-INFORMED LENS

This 3-hour advanced-level workshop is designed for individuals who already have a foundational understanding of trauma-informed care and are ready to move from theory to action. Participants will engage in hands-on learning, reflective practice, and applied strategies to deepen their trauma-responsive approach when working with children and adolescents.

What You'll Learn:

- Trauma-informed practices for youth, focusing on emotional regulation, repairing relationships, and creating a sense of safety.
- Recognize and disrupt re-traumatization in everyday interactions, systems, and environments.
- Strengths-based strategies to empower youth facing adversity
- Advanced regulation and co-regulation tools to help youth manage emotions, build trust, and develop resilience.
- Engage in peer collaboration to strengthen a trauma-responsive network.

PRESENTER



Dr. Dakota King-White



MONDAY

September 8, 2025



TIME

8:30 am-12:00 pm
Registration begins at 8:00 am



LOCATION

Educational Service Center of
Northeast Ohio
6383 Oak Tree Blvd South
Independence, Oh 44131



Light refreshments will be served

REGISTER HERE

<https://tinyurl.com/5ezarukd>

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