

Understanding and Managing Trauma

Train the Trainer Workshop

◆ An Introduction to Trauma

This component covers the basics of trauma, what types of trauma students may face, and how trauma can affect a student's physical, emotional, and cognitive abilities.

◆ Managing Trauma in the Classroom

This component covers techniques to prevent a trauma based reaction in the classroom and what to do if a child is acting out in the classroom.

◆ Recognizing Secondary Traumatic Stress

This component works with the educators to recognize their own compassion fatigue or burnout. It covers techniques for staff to use to relax, keep balance, and continue to help students in need.



Akron Children's Hospital is offering a comprehensive training to school districts. This train-the-trainer is designed to assist schools by providing an in house trainer on that can better understand how students experience traumatic events and how to help them through these challenging times.

TRAINING DATE:

January 31, 2018

8:30 a.m. - 3:30a.m.

(1-hour lunch on own)

LOCATION:

Educational Service Center of Cuyahoga County:

6393 Oak Tree Blvd.
Independence, OH,
44131

AUDIENCE:

Districts should send representatives from buildings that are able to bring back, share, and assist in integrating this information to your district.

About the Trainer

Melissa McClain is a graduate of Kent State University and is the Community Education Program Coordinator at Akron Children's Hospital. She is responsible for a social and emotional learning curriculum that includes k-12 classroom education as well as psychological trauma education for educators and other professionals who work in a school environment. Since 2006, Melissa has educated over 68,000 students, school staff and community members. She has worked with over 150 Ohio school buildings and community organizations that work with youth and has also been lucky to travel to speak for state and national audiences on teen dating.



Contact Hours: 6.0 **Graduate Credit:** Pending

For Registration Questions & Assistance, contact Caitlin Metheny at Caitlin.metheny@esc-cc.org or 216-524-3000 Ext. 6721

To register:

1. Go to www.esc-cc.org
2. Click Calendar of Events
3. Click on January 31st
4. 8-lines down, select: Click Here to Register
5. Complete all Info & Submit